ADHD Assessment
The Most Comprehensive Online ADHD Assessment

The ADHDAssessment is designed to provide a baseline assessment of your attention and impulsivity levels and should not be used as a diagnostic tool for ADHD or any other medical condition. The results of this assessment are intended for informational purposes only and should not replace professional medical advice, diagnosis, or treatment.

Objective ADHD Score

Understanding Your Objective ADHD Score
Your score provides an objective measure of your attention and activity levels, calculated by comparing your results to a large database of prior assessments. **This score is based solely on the objective part of the test. Higher scores (above 500) indicate fewer ADHD-related traits and suggest you are less likely to have ADHD**, while mid-range scores (350–500) reflect a moderate presence of traits, where some challenges may be present. **Lower scores (below 350) indicate a higher prevalence** of ADHD-related traits and suggest you are more likely to have ADHD.

Very Poor	Poor	Average	Good	Excellent

ADHD Score: 687.83

Assessment Results Overview
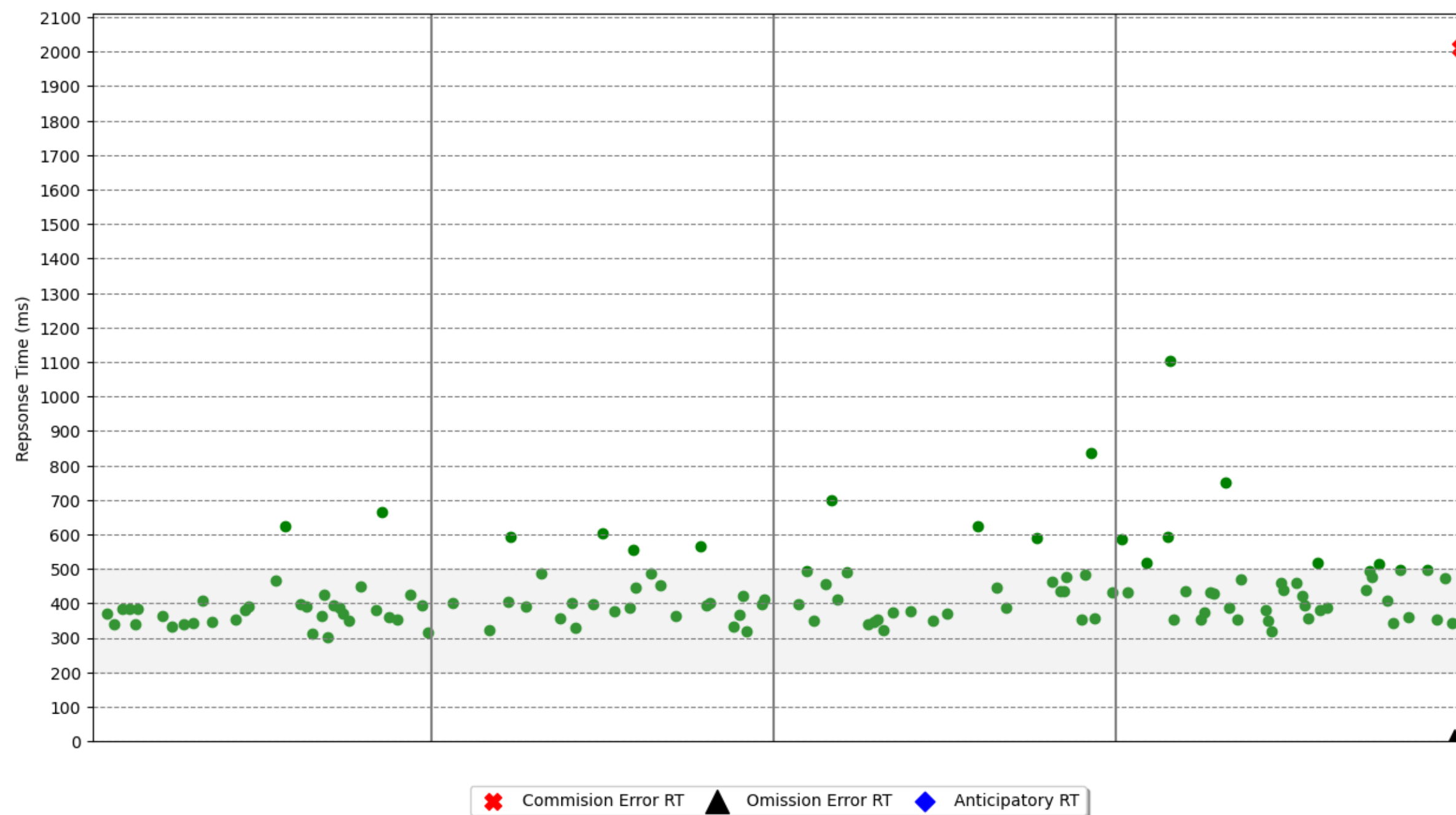
Understanding Your Results
RT (Response Time): Average response time.
RTV (Response Time Variability): Consistency of response times.
CE (Commission Errors): Incorrect responses indicating impulsivity.
OE (Omission Errors): Missed responses indicating inattentiveness.
Use these metrics to track changes and improvements in future assessments.

|	Q1	Q2	Q3	Q4	H1	H2	Total
RT (ms)	387.86	421.11	444.79	452.15	402.34	449.07	426.61
RTV (ms)	72.75	78.44	116.10	134.88	77.06	127.42	108.78
CE (%)	0.00	0.00	0.00	1.37	0.00	0.64	0.31
OE (%)	0.00	0.00	0.00	4.88	0.00	2.90	1.53

Response & Error Scatter Graph

Understanding Your Graph
Green dots indicate correct responses, red crosses denote commission errors (incorrect responses), **black triangles represent omission errors** (missed responses), and blue diamonds show anticipatory responses (premature responses). The grey bar represents the range where correct responses should be. **Consistent green dots within a small range suggest strong attentiveness and accurate responses**, while frequent **red crosses or blue diamonds may indicate impulsivity** or difficulty in regulating responses. **Black triangles may point to inattentiveness or delayed reactions**.

✖ Commision Error RT ▲ Omission Error RT ◆ Anticipatory RT

Z-Scores Analysis

Understanding Your Z-scores
A **z-score measures how far a data point is from the average,** expressed in terms of standard deviations. It is calculated by comparing your performance to the average scores of everyone who has taken this assessment. **Positive z-scores indicate performance below average**, while **negative z-scores indicate performance above average**. In this test, **lower z-scores are better**, as they reflect performance closer to or better than the average. Z-scores help provide insight into how your results compare to the general population, highlighting areas where your performance may deviate from the norm.
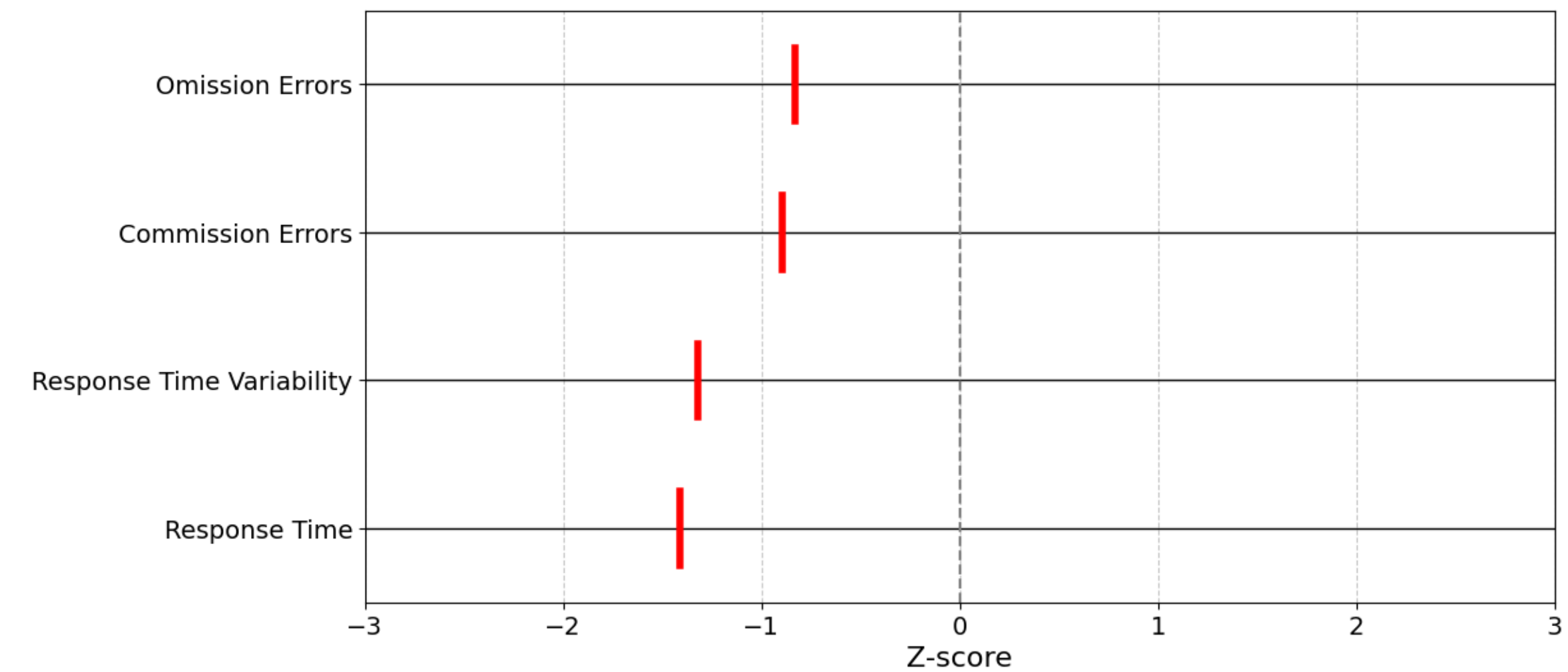
	RT	RTV	CE	OE
Z-score	-1.41	-1.32	-0.9	-0.83
Percentile	7.93	9.34	18.41	20.33

Inattention - Rating Scale

Question	Never	Rarely	Sometimes	Often	Very Often
Do you often fail to give close attention to details, or make careless mistakes in schoolwork, work, or other activities?	○	○	○	●	○
Do you often have difficulty sustaining attention in tasks or play activities?	○	○	●	○	○
Do you often seem not to listen when spoken to directly?	○	○	●	○	○
Do you often not follow through on instructions and fail to finish schoolwork, chores, or duties in the workplace?	○	○	●	○	○
Do you often have difficulty organizing tasks and activities?	○	○	●	○	○
Do you often avoid, dislike, or are reluctant to engage in tasks that require sustained mental effort?	○	○	○	●	○
Do you often lose things necessary for tasks or activities?	●	○	○	○	○
Are you often easily distracted by extraneous stimuli?	○	○	●	○	○
Are you often forgetful in daily activities?	○	●	○	○	○

Hyperactivity & Impulsivity – Rating Scale

Question	Never	Rarely	Sometimes	Often	Very Often
Do you often fidget with or tap your hands or feet, or squirm in your seat?	○	○	○	●	○
Do you often leave your seat in situations when remaining seated is expected?	●	○	○	○	○
Do you often feel restless or fidgety, or have difficulty sitting still in situations where remaining seated is expected?	○	●	○	○	○
Are you often unable to play or engage in leisure activities quietly?	○	○	○	●	○
Are you often "on the go," acting as if "driven by a motor"?	○	○	○	●	○
Do you often talk excessively?	○	●	○	○	○
Do you often blurt out an answer before a question has been completed?	○	○	○	○	●
Do you often have difficulty waiting your turn?	○	○	○	●	○
Do you often interrupt or intrude on others (e.g., butting into conversations or games)?	○	○	●	○	○

ADHD Type Predominance

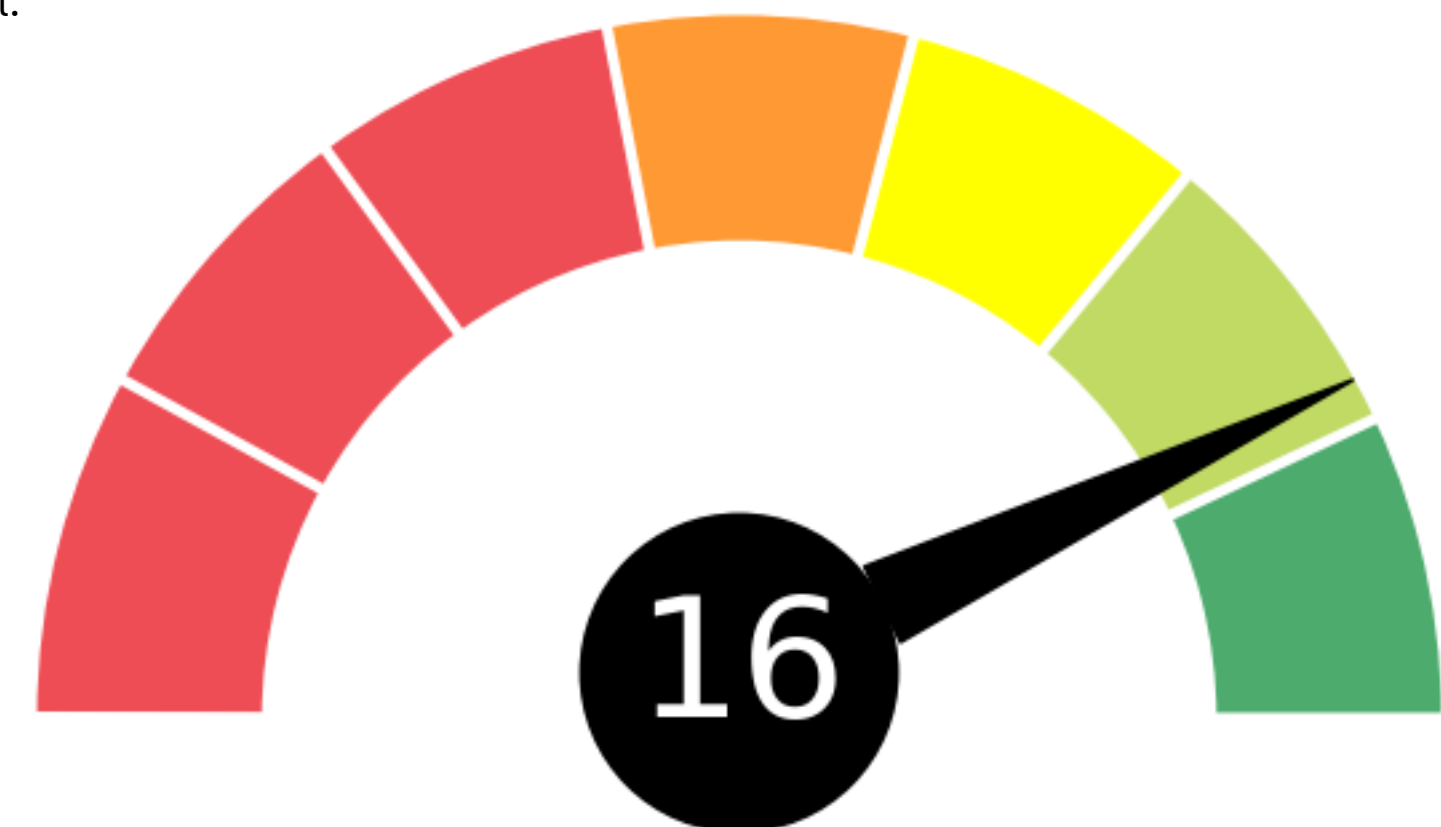**Understanding Your ADHD Type Predominance**
The ADHD Type Predominance score combines data from the objective test and the questionnaire to identify whether an individual is predominantly inattentive, hyperactive, or combined. **Scores above 70 indicate inattentive traits**, **below 28 indicate hyperactive traits**, and **scores in between suggest a combined type**. While this score provides insights into prominent ADHD traits, it is not a diagnosis and should be followed up with professional consultation.

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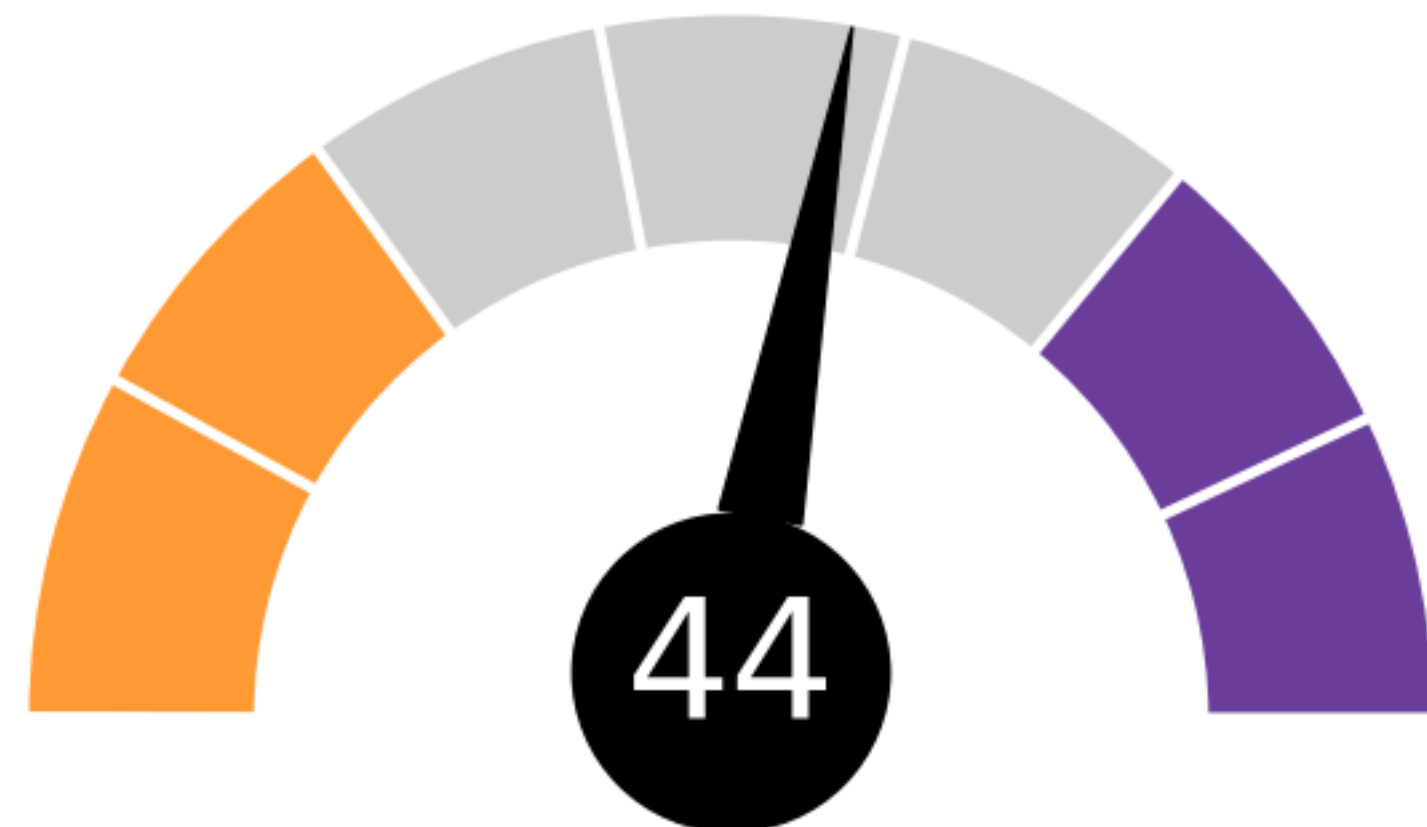
ADHD type: Combined

ADHD Probability Score

Understanding Your ADHD Probability Score
The ADHD Probability Score combines data from the objective part of the test and the questionnaire to **estimate the likelihood of ADHD as a percentage**. **A higher percentage suggests a stronger presence of ADHD-related traits**, **while a lower percentage indicates fewer traits.** For example, a score of 80% reflects a high likelihood of ADHD, whereas 20% indicates a lower likelihood. This score is not a diagnosis but serves as a tool to understand your results and guide discussions with a healthcare professional.

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ADHD Probability Score (%)

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Objective ADHD Score Tracker

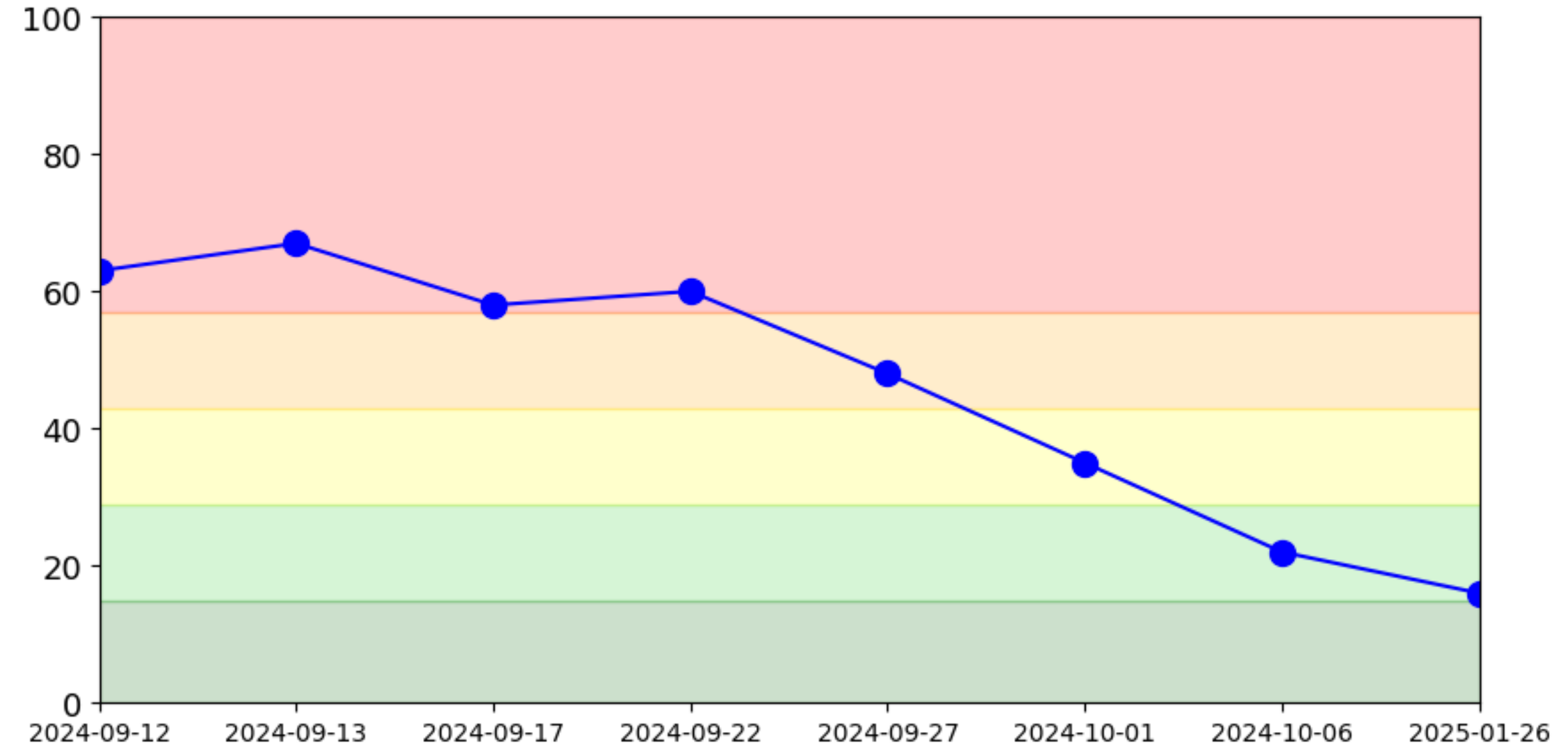**Understanding Your Objective ADHD Score Tracker**
The Objective ADHD Score Tracker logs the **last ten scores derived from objective test results**. It provides a clear measure of ADHD-related performance, focusing on test accuracy and consistency. Consult a healthcare professional for further evaluation. **To ensure your results are logged, please use the same email every time you take the test.**
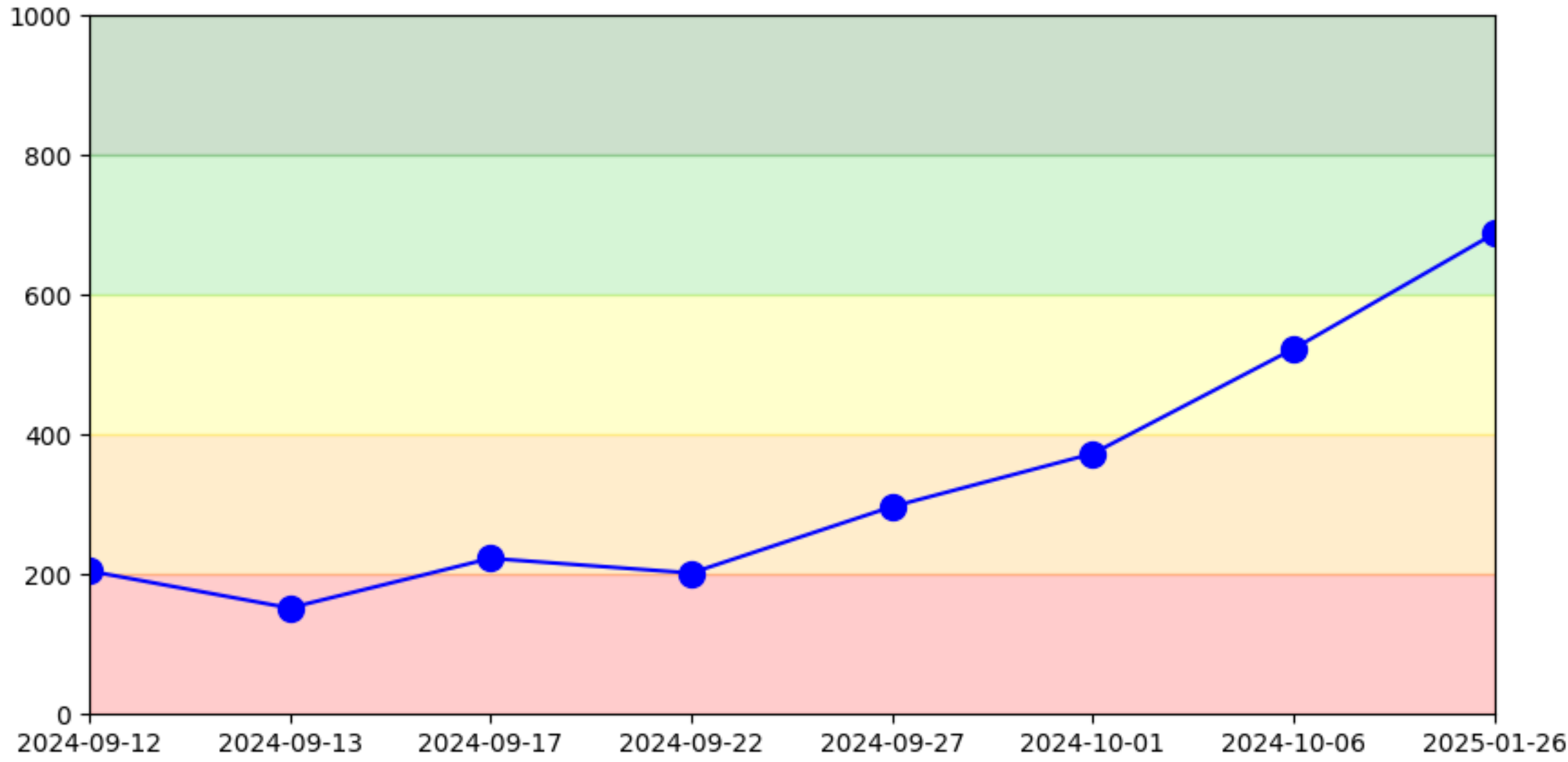
ADHD Probability Tracker

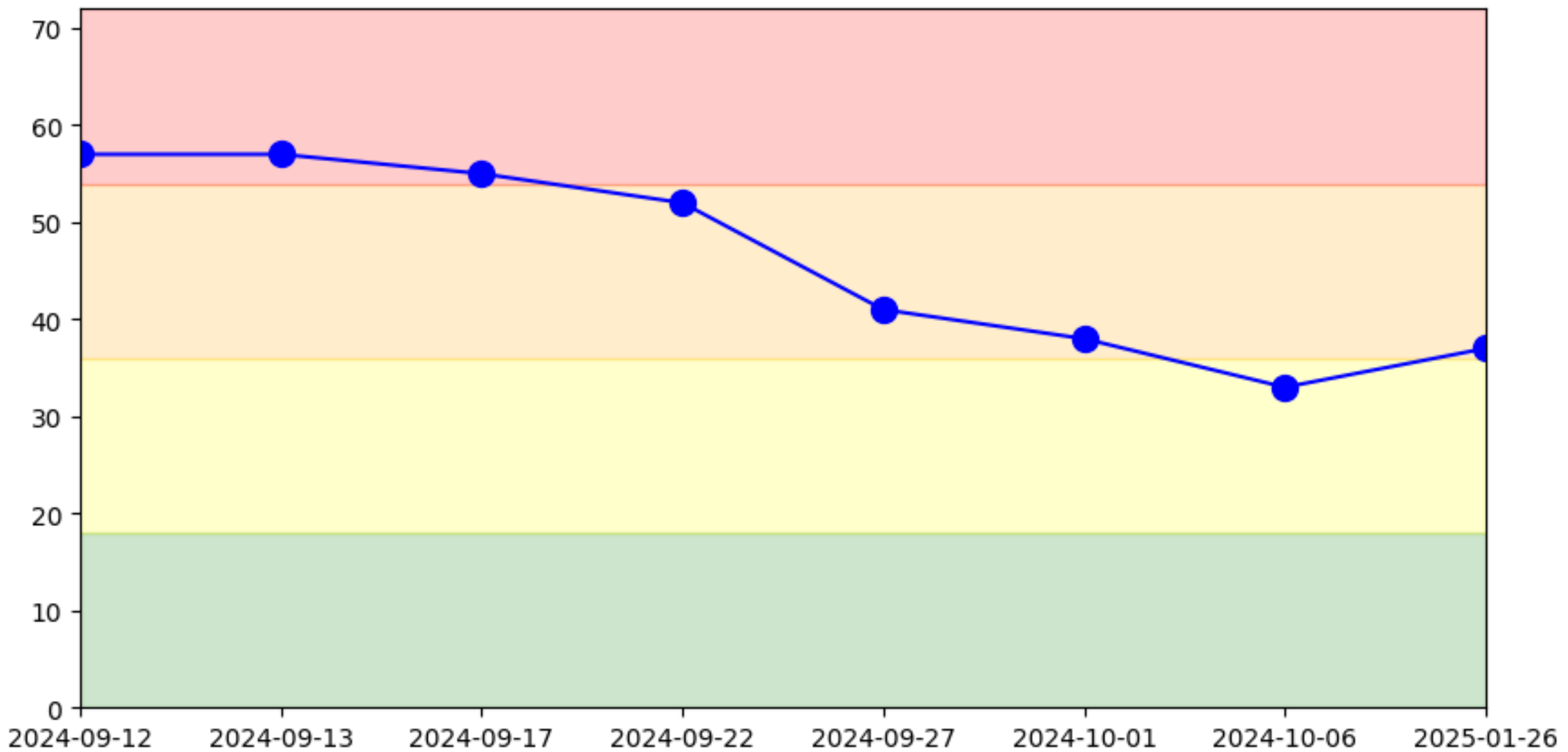**Understanding Your ADHD Probability Tracker**
The ADHD Probability **Tracker logs the last ten results**, combining **objective test data and subjective reports**. It helps track ADHD likelihood trends over time but should be reviewed with a healthcare professional for diagnosis. **To ensure your results are logged, please use the same email every time you take the test.**

Ratings Scale Score Tracker

Understanding Your Ratings Scale Score Tracker
The Rating Scale Score Tracker logs the **last ten scores based on the ADHD ratings questionnaire**, with each question **rated from 0 to 4**. It tracks symptom severity trends over time but should be reviewed with a healthcare professional for further assessment. **Please use the same email every time you take the test.**

Z-Scores Tracker

Understanding Your Z-Scores Tracker
The Z-Score Tracker records the **last ten results for omission errors, commission errors, reaction time, and reaction time variability**. It helps monitor performance trends, offering insights into potential ADHD patterns. Review with a healthcare professional for proper diagnosis. **Please use the same email every time you take the test.**